



CDNM March Madness



The NCAA may have cancelled their March Madness, but they've got nothing on the CDNM! Let the madness begin! Here's the strategy...

DAILY WORKOUT

6:30 – 7:00am

WARM UP – Wake up and get outside for some fresh air and to get moving

7:30 – 8:00am

Apartment SWISH – Clean and disinfect one area in your apartment (including discarding all excess items)

8:00 – 9:00am

Eat breakfast, shower, **SUIT UP** (missionary attire), take a companionship SELFIE in your “uniforms” and post it to your team (zone) chat

9:00 – 10:00am

PERSONAL PRACTICE – study up

10:00 – 11:00am

STRENGTH TRAINING – companionship study

11:00am – 12:00pm

TEAM SCRIMMAGE

District Leaders will assign a rotation between their companionships. Companionships will do virtual roleplays during this time, practicing virtual approaches, virtual lessons, virtual check-ins, etc.

12:00 – 1:00pm

TRAINING TABLE a.k.a. LUNCH

1:00 – 2:00pm

FULL COURT FINDING

Sister Training Leaders will announce a daily finding challenge in your team chat and the full court press is on at this time.

2:00 – 3:00pm

2-on-2 BRACKET BUSTER

Zone Leaders will create a single-elimination bracket for their zone. Companionships will compete in a weekly challenge, determined by our mission coaches, President & Sister Savage. The first round will be on Tuesday, second round on Wednesday, championship round on Thursday. →Senior couples will be the judges. The winning companionship will advance to a mission-wide bracket, with competition taking place on Friday and Saturday. The challenge champion for the week will be crowned on Sunday.

Week ONE Challenge: THE BEST VIRTUAL PHONE APPROACH

3:00 – 4:00pm

SENIOR ASSIST and GIVE and GO

Zone Leaders will assign 1 or 2 companionships each day to give a practice virtual lesson to their senior couple. NOTE: These assignments will have to be coordinated for seniors who are responsible for two zones.

On days that you are not practicing with a senior couple, you can practice with your companion or you can find SERVICE to do – let's do some CDNM public relations.

4:00 – 5:00pm

PLAYBOOK PLANNING

Work on the “plays” you will execute during the rest of the evening – Who will you virtually meet with? Who will you teach, virtually or at a church building? Which members can you virtually check in on? How can you progress the people you are teaching? How can you find new people to teach?

5:00 – 7:00pm

PRE-GAME DINNER (please eat in this time frame)

5:00 – 9:00pm

GAME TIME

Now is the time to reap the benefits of your planning and practice and EXECUTE your plays!